

## Does Chocolate Milk Come From Brown Cows?

In the fall, a 4 year old classroom called “The Monkeys”, from West Midland Family Center, noticed that some preschoolers were drinking different milk (lactose free). They began talking about different kinds of milk and wondering where milk comes from. Some preschoolers were confident that milk comes from cows, but they still had lots of questions about; chocolate milk, pink milk and what do they taste like were a few of them. They looked through books to learn different parts of cows and how the milk comes out. They even tried milking a pretend udder themselves. They tasted different colors of milk and decided what the flavor was and which one was their favorite (chocolate won). The activity that yielded the most information was a field trip to the Neyer Dairy Farm. Where their questions were answered by the farmer (Chocolate milk does not come from brown cows). They were able to see milking live, walk through the barns and interact with calves.



Picture on the Left: The preschoolers practice milking a cow before visiting the dairy farm on the left.  
Picture on the right: At the farm, a preschooler enjoys interacting with a calf.

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