



Frequently Asked Questions

May my child come to the pool alone?

Children who are **8 years and under**, must be supervised by a parent or adult guardian (18 yrs. or older) at all times when they are in the pool and/or locker room areas. While in the pool, a swimmer 8 years of age or younger may swim without an adult in the pool within arms reach of them, provided that they meet one of the following **criteria**:

The child is OVER 50 inches tall
OR

The child is able to swim the length of the pool unassisted

If a child does not meet the above criteria, a parent/adult guardian must be in the water with them AND within an arms reach of the child at all times.

Children **age 9-12** must meet one of the criteria above and must be under the supervision of a caretaker age 13 or older.

Children **13 years of age and older** are welcome to come to the pool without a parent or guardian, provided that they can meet one of the above criteria. Please refer any questions to Chelsea Davis, WMFC Aquatic Director.

May My Child Wear Diapers in the Pool?

Children, who are not toilet trained, are welcome to swim in the pool, providing that they wear **tight fitting rubber suits with elastic band legs** or they wear specially designed "swim diapers". "Swim diapers" are available for purchase for \$1.00 each at the WMFC Welcome Center if you forget yours! It is **highly encouraged** that you have your child visit the restroom before coming into the swimming pool and that your child **take potty breaks every 30 min.** during your visit.

In an effort to maintain a healthy and safe swim environment, we must insist that you use the changing table in the locker room to change your child's diaper,. Do not use the furniture in the pool area or the benches in the locker rooms.

West Midland Family Center Swimming Pool Information

Pool Opens: June 12 2023
Last Day Pool is Open: August 19, 2023

Open Swim Hours (except as noted below)

Friday, Saturday	1:00 - 6:00 p.m.
Monday, Wednesday, Thursday	3:00 - 7:00 p.m.
Tuesday	4:00 - 7:00 p.m.

Open Swim Hours (Weeks of 6/12, 7/3, 7/17, 8/14)

Friday, Saturday	1:00 - 6:00 p.m.
Monday, Tuesday, Wednesday, Thursday	1:00 - 7:00 p.m.

These are typical Open Swim hours that are subject to change. Please call ahead. Pool is closed on days that WMFC is closed.

Open Swim Admission Prices

All Ages	\$2.00 per person
Family	\$10.00 Family of 5 or more

(All family members must reside in same home.)

All guests entering the pool area must purchase and wear a wristband regardless of if they are swimming or not. For information on scholarship help with swimming fees please email Renee Young at youngr@wmfc.org

Free Family Swim 5:00 - 7:00 p.m.

Wednesday: June 14th, July 5th, July 19th, and August 16th

Pool Closed

June 19, June 27 at 5:30 PM, July 4, Cold Weather, Thunderstorms & Sundays. On days that are questionable, please call ahead to make sure we're open.



WMFC Aquatics Information

Summer 2023



West Midland Family Center
4011 West Isabella Rd.
Shepherd, MI 48883

Phone: 989.832.3256

Website: www.wmfc.org

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WMFC Swimming Programs

Aquatics

Throughout the summer months, our beautiful swimming pool is filled with laughing, splashing children and their families. We offer aquatics programming for all ages, infant through senior citizens.

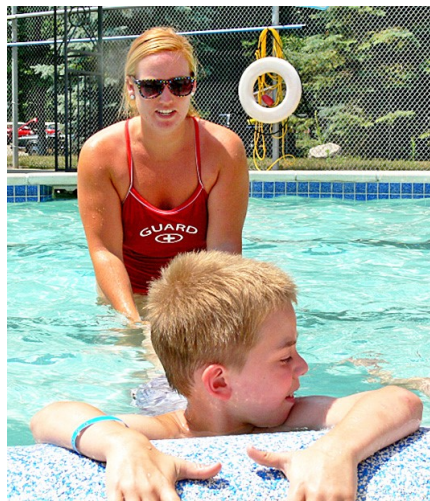
Besides daily open swims, we offer Aqua Zumba and special water events. A complete summary of our aquatics programs and swimming pool hours, is available on our website at www.wmfc.org. **For additional information on all aquatic programs, call Chelsea Davis, 832-3256.**



Junior Lifeguarding

Interested in exploring the world of lifeguarding? WMFC offers an innovative, hands on experience for students age 13-15 years old during the summer months. Students are required to complete an application and interview process and must be accepted into the program. Space is limited. Students must commit to the full 4 day a week program. Typical program hours are 10 a.m. -3 p.m..

The interviewing process takes place in May and candidates are chosen by early June. Students interested in participating in our Junior Lifeguard Program should contact Chelsea Davis at 832-3256 or email davisc@wmfc.org



Swimming Lessons

All WMFC swimming lessons are one-on-one private lessons. Lessons are typically scheduled in the evenings during the week during open swim. Cost is \$15 per 30 min lesson. Registration begins on **June 1, 2023**. To register for swimming lessons, please leave a message for Chelsea Davis at (989) 989-832-3256 or email Chelsea at davisc@wmfc.org. Calls and emails are returned the order that they are received.



Aqua ZUMBA

Aqua Zumba is perfect for those looking to make a splash by adding a low-impact, high energy aquatic exercise into their fitness routine. Join Stephanie in the pool on Wednesdays from 9:00-9:45 a.m. starting on June 28th, for a fun filled workout! (June 14, July 5, July 19 and August 16 class is at 12:15-1 p.m.) Cost is \$2.00 per session payable at the WMFC Welcome Center when you arrive. **Aqua Zumba Classes are NOT included in the Fitness Room Membership.**

Pool Rules

1. **Parents of Non-swimmers...**Parents of non-swimmers must be in the water within an arms reach of their child.
2. **Glass...**and other breakable items are not allowed in the locker rooms or in the pool area.
3. **Swim Diapers, Diaper Changing and Bathroom Breaks...**Small children must be toilet trained or wear swim diapers. Swim diapers are available for purchase at the Welcome Center. Please use the diaper changing stations in the locker rooms to change diapers. **DO NOT** change diapers in the pool areas or on the locker room benches. Parents are highly encouraged to take their young children to the bathroom every 30 minutes.
4. **Diving...****NO DIVING ANYWHERE!** Diving into our pool can lead to life altering injuries and even death.
5. **"Frog Island"**...You are not allowed to stand or walk on the peninsula at the north end of the pool but you **MAY** sit or lay on the island.
6. **Running Activities...**Running, tag games or similar activities are not allowed on the pool deck, in the hallway, or in the locker rooms.
7. **Smoking, Alcohol and Illegal Substances...**are prohibited on Center grounds.
8. **Music...**Enjoy your personal mp3 players and ipods but please do not play music so loud that others can hear.
9. **Safety Is Always Our First Priority...**For your safety and enjoyment, all swimmers and visitors must follow the lifeguards directions at all times. The first and most important duty of a lifeguard is to work to ensure the safety of the patrons at the pool. Please refrain from any activity, such as unnecessary visiting with the lifeguards, that would take away from the lifeguards' duties.
10. **For a complete list of pool rules please contact the WMFC Welcome Center.**

