### MIDLAND FAMILY CENTER

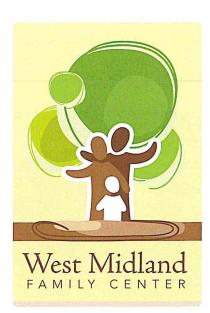
**VOLUME 29, NUMBER 1.1** 

Thriving, Giving, Growing ... Together

Summer 2019

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P.O. Box 1985 Midland, MI 48641-1985 989.832.3256

www.wmfc.org

### A Ray of Hope When at Your Wit's End

Child abuse and neglect, from a community perspective, is a difficult problem to solve. It has many different root causes so it needs many



Greg Dorrien **Executive Director** 

different types of interventions. As a society, intervention remedies include prison or jail, foster care, family placements, supervised visits, parent education, respite care, therapy, counseling, stressful barrier re-

moval and prayer. All are useful and needed in varying degrees. Each carry traumatic costs for the individual, and monetary costs for society. Prevention is the cheapest form of intervention and vields the best results for individuals and society. A child's behavior is never an excuse for a parent to be abusive, but it certainly is a trigger that leads to children being physically abused. Most abusive parents love their children dearly. Yet most child abuse occurs within the family. Parental depression /mental health issues, indeed a ...continued on page 8

### Preschool Attendance Makes A Difference

In 1974 WMFC hosted its first preschool class of 20 students. Since that time, decades worth of studies, including the report titled "The Current State of Scientific Knowledge on Pre-Kindergarten Effects", have concluded that early childhood education makes a dramatic difference in the future academic success of a child. As the need for quality preschool programming has increased WMFC, in partnership with the Great Start Readiness Program (GSRP), has continued to provide quality early education programming for preschool children. Today, WMFC is home to nine preschool classrooms in five different locations serving 156 children.

enrollment Preschool for the 2019/2020 school year is already in full swing. The recent uptick in the number of calls to WMFC requesting

...continued on page 2

## **Recreation Family Nights Provide Community with** Affordable Option

Recreation Family Nights, which typically fall on the last Saturday of the month from 4:00pm to 6:00pm are open to family units wanting to enjoy some quality time together.

"Each Recreation Family Night has its own theme", stated Chelsea Davis, WMFC Recreation Director.

...continued on page 2



Family members entangle in a friendly game of Twister during a recent Recreation Family Night

## Recreation Family Nights Provide Affordable Option...continued from page 1

"The theme for Saturday, June 29th and July 27th will be *Summer Time*. The pool will be open and we'll have all kinds of large outdoor games."

"Recreation Family Nights are really low key, relaxed and casual. Games



Chelsea Davis Recreation Supervisor

are set up to that families can spend as much, or as little time, as they like at each activity. The activities for each night reflect the theme of that particular night," explained Davis.

"For example, this past January we hosted *Family Games Night*. During the evening we offered board games and life sized games. We also had the bowling center,

climbing wall and the batting cage open," explained Davis. "In March for *Glow Night*, family night was filled with illuminating activities and in May families worked together to complete a Centerwide scavenger hunt during *Explore Night*," smiled Davis.

"Research shows that families that spend time together doing recreational activities, tend to be closer, more cohesive and have stronger relationships," shared Davis. "West Midland Family Center (WMFC) has promoted the benefits of quality family based recreation programming for over 40 years."

"Not every family in **Midland** County has money in their budget for family recreation activities.

Taking a family out to a movie could cost \$50 or more," explained Davis. "Recreation Family Nights provide an affordable way for families to spend time together, unburdened by the stress associated with cost. Thanks to those who have supported, and continue to support WMFC, we have a big beautiful facility that houses a wide range of recreational activities. WMFC is an attractive option for families looking for summertime fun that is budget friendly."

Those interested in helping sponsor a Recreation Family Night or who would like more information on recreational opportunities at WMFC should contact Chelsea Davis, at 989-832-3256.

## Preschool Attendance Makes a Difference...continued from page 1

information about preschool enrollment, is evidence that classes will most likely fill up quickly as parents search for the best preschool experience in which to enroll their child.

Research shows that preschool attendance can be a determining factor in educational success. According to recent research by **Zaner and Bloser**, "quality preschool programs focus on kindergarten readiness because readiness is the primary predictor of kindergarten success."

Kindergarten teachers report that the most important skill a child needs for a successful transition into Kindergarten is appropriate social-emotional skills. Social-emotional skills include attributes such as, the ability to take turns, work in a group setting, make friends, demonstrate self-control and talk with other children and teachers. Preschool teachers facilitate social-emotional skill development by helping children label their feelings, control their emotions, work together and solve problems. The development of

social-emotional skills is one of the most important reasons why a child should attend a quality preschool program.

West Midland Family Center recently held its annual preschool transition night during which parents learned what to expect as their child transitions from childcare to the 3's program, from the 3's program to the 4's program and from the 4's program to Kindergarten. Preschool teachers were onsite to guide parents, answer questions and encourage parents to enroll their children in the preschool program of their choice using computers that were logged into the www.michiganpreschool.com website. In addition, MSU Extension Representatives and WMFC teachers shared with parents what they can do to support their child's next phase of early education.

"Throughout their lives, children transition from one developmental stage to another," shared **Trixie Onstott**, **WMFC Early Childhood Director.** "As a child transitions from

one school stage to the next, it's important for parents to be involved. Transition night serves as a tool to help guide parents in making the best educational choice for their children."

For more information about WMFC preschool programs, please call **Missy Finney** at 989-832-3256.



A quality preschool experience gives young children the opportunity to develop the socioemotional skills needed for Kindergarten

### A

Anonymous Donations Received by 47 People (Some in Honor/Memory of):

- In honor of John Anderson
- In memory of Clara Anger
- In memory of Stephan Babinec
- In memory of John Binkley
- In memory of Ellen Burkett
- In honor of Greg and Robyn Dorrien
- In honor of Bob Dostal
- In memory of Ronald Glanz
- In memory of Mary Kin
- In memory of Merritt Meeks (2 donors)
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- In memory of Henry Olen
- In memory of Catharine Ring (7 donors)
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To the best of our knowledge, this listing is accurate as of publication. However...if you find you have been erroneously added to our list of 47 anonymous donors, please contact us!

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Zonta Club of Midland



The following people have included WMFC in their estate plan (will, life insurance or living trust) or have already fulfilled their Legacy Society donation.

> Orrin and Eleanor Barrett\* Jim Burlingame\* Helen (Kennedy) Burns\* Carl Coons Greg & Robyn Dorrien Virginia Harlow\* Kenneth E. Livernois\* Bernie Meister V. Bruce Miller John Reder\* Edward & Elyse Rogers Diane & Robert Tomczak Win Zacharias\* Other Anonymous Donors

> > \*Deceased

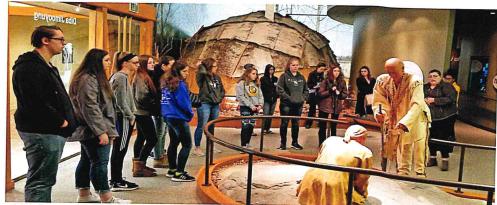
## Dow College Opportunity Program Sets Stage for Successful Future

The Dow College Opportunity Program (COP) has been front and center in the battle to break the cycle of poverty in Midland and Isabella Counties since 1989. COP students graduate from college at a rate of approximately 83% which dramatically increases their earning power throughout their lifetimes.

The COP Program helps students with personal growth and development, social skill development, cultural exposure, and community volunteerism. As a result of time spent in COP, students are much better prepared to navigate post-secondary education opportunities such as colleges, trade schools, certification courses, and anything else that can help make them more employable through education.

Due to generous funding from the United Way of Midland County, COP has been able to expand the program and add more students in recent years. Historically the freshman class ranged from five on the low side to seven on the high side. With the expanded funding from United Way WMFC brought in 13 new freshmen

students. In all four classes we currently have 30 students in the high school portion of the program from **Bullock Creek, Coleman, Meridian** and **Shepherd.** Congratulations to all the students for taking the first steps toward a brighter future!



COP students participate in volunteer, social and cultural exploration experiences throughout the year.

Recently students traveled to the Ziibwing Center in Mount Pleasant, Michigan.

## Real Life Super Heroes in Residence at WMFC

Early each morning West Midland Family Center (WMFC) Office Manager Missy Finney arrives at the Center to insure that all hands are on deck in order to successfully navigate through another busy day at the Welcome Center. In her twenty-three year tenure at WMFC, Missy has learned that one thing will always be a given... no two days at the Welcome Center will ever be the same.

"The Welcome Center Staff is on the front line taking calls and putting out



Welcome Center Staff Super Heroes (Left to Right) Rhonda Little, Stephanie Oster, Kristen Cronkright, Missy Finney (Seated) Helen Roth.

fires. Their job requires a unique skill set in order for them to be successful and positively represent the Center," explained Finney. "They must be caring, understanding and friendly under fire while taking the initiative in solving problems and responding to requests."

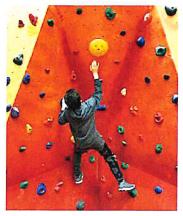
"The Welcome Center is a hive of endless activity and high energy. One of our main responsibilities is greeting people as they enter the building and helping them with their need or question," explained Helen Roth, WMFC Welcome Center Staff. "To accomplish this, we must always have a minute to minute awareness about everything that is happening at the Center."

"The types of questions asked of the Welcome Center are determined by the time of year," explained Roth. "During the holidays, the calls are about Sharing Tree, Holiday

Help and Thanksgiving baskets. During the summer questions are generally about the swimming pool, swimming lessons and the summer program. In the winter we receive lots of questions about the bowling center, preschool, childcare and facility rentals. We get calls year round about facility information like building hours and facility rentals as well as questions about basic needs such as clothing and diaper needs, food distribution dates and food orders," explained Roth.

"Callers have told us that they like the fact that they always get to talk to a real person when they call the Center. It's just another example of who we are," shared Finney. "The Welcome Center Staff might not wear the capes of super heroes but to many of those who drop by the Center on a daily basis, the Welcome Center Staff often fills the role of hero in their lives."

### WEST MIDLAND FAMILY CENTER P.O. Box 1985 Midland MI 48641-1985



Children test their climbing skills on "Pride Rock" during Recreation Family Nights.

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Family Focus Newsletter
Publisher and Webmaster:
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allenr@wmfc.org

# Wally Mayton Joins WMFC Board of Directors

The Associate Pastor of Memorial Presbyterian Church (MPC) is WMFC's newest addition to the Board of Direc-



Wallace H. Mayton

tors. The Rev. Dr. Wallace H. Mayton III, "Wally," was ordained in 1975, after graduation from Rhodes College (B.A.) in Memphis, Louisville Presbyterian Seminary (M.Div) and the University of Notre Dame (M.A.)

He is married to Lindsay Abbott Mayton. Together they enjoy five daughters and all their grandchildren. He has served pastorates in Memphis, Tennessee; Anderson, South Carolina; and Overland Park, Kansas. He has served the MPC congregation since 1989. Known to many as the "Community's Pastor", he has been recognized by Northwood University with the honorary Doctor of Laws degree; by Midland Area Community Foundation with its Giving Tree Award and its Philanthropist of the Year recognition; by Leadership Midland Alumni Association with its Leader of the Year award; and by serving on multiple community boards in ministry in outreach and community engagement.

### A Ray of Hope

...continued from page 1

parent's own history of childhood abuse, or domestic violence, cause some children to be at much higher risk of child abuse.

A major focus of WMFC all these years has been to reduce the level of parental frustration, stress and feelings of isolation so that parents aren't at high risk of physically or psychologically maltreating their children. Looking forward to 2019, (and specifically because of the most recent help of the Midland Area Community Foundation) WMFC will add one more layer of prevention for area children. Any parent at their WIT'S END (in the heat of the moment) can show up with their child/children and simply take a break, at no cost (Monday through Friday). Someone here will watch your beautiful child, talk to you or just give you some moments of solitude. You may make a new connection. You may decide to enroll in Center sponsored activities. You may find less stress and frustration. You may find you can get through it. You may find why so many others have gravitated to WMFC over the years. You may find you can be more loving of yourself and more patient with your child. If you're able to call ahead, please do, but if you can't, just show up. And if you need transportation just ask...we'll figure it out somehow too.